



# *El Sol*

## *Mexican Restaurant*

### **BAR & GRILL**

**7118 South Padre Island Dr.  
Corpus Christi, TX 78412  
(361) 299-0014**

**OPEN EVERY DAY  
MON-WED 6AM TO 10PM • THU-SAT 6AM TO 11PM  
SUN 7AM TO 10PM**



**[www.ElSolRestaurant.us](http://www.ElSolRestaurant.us)**

**FOR GROUPS OF 8 OR MORE AN 18% GRATUITY IS AUTOMATICALLY INCLUDED TO ENSURE EXCELLENT SERVICE**

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# BREAKFAST SERVED ALL DAY

Barbacoa & eggs \$13.99  
NO MENUDO \$11.99

**NEW**



2 Pancakes & eggs \$9.29  
NO EGGS \$8.89



Chilaquiles & eggs \$9.29  
NO EGGS \$8.99



**AFTER 11:00 AM**  
TACOS ARE 69¢ EXTRA  
PLATES \$1.99 EXTRA  
BURRITOS \$1.29 EXTRA

Waffles & eggs \$9.29

**NEW**



Blueberry Pancakes \$9.29



Bacon, egg & cheese sandwich \$7.29



*Pound of*

Barbacoa .... \$16.99  
Asada ..... \$16.99  
Carnitas ..... \$15.99  
Fajita ..... \$24.99

Served with  
3 orders of tortillas  
& salsa red or green

Cowboy plate \$13.99

**NEW**



French toast & eggs \$9.29



Migas & egg a la Mexicana \$8.99



Morning Special \$9.99  
Potatoes with spinach & egg, mushrooms, avocado, queso dip & queso fresco.

**NEW**



(6oz) Ribeye & eggs \$14.99



Ranchero eggs \$8.29



**OMELETTES**

All omelettes have Cheese, tomatoes & onions, served with refried beans & tortillas

Classic \$8.99  
With Fajita \$12.99



El Sol \$10.99  
Topped with chili gravy & cheese

Texas \$10.99  
Topped with chili con queso

2 Biscuits & eggs \$9.99  
NO EGGS \$8.99



Big country \$10.29



Steak & eggs \$12.49  
BEEF, PORK OR CHICKEN



Plates are served with refried beans & home-made tortillas or Toast

| MIXED-EGG                     | PLATE  | BURRITO | TACO   |
|-------------------------------|--------|---------|--------|
| Chorizo & egg .....           | \$6.99 | \$5.99  | \$2.89 |
| Ham & egg .....               | \$6.99 | \$5.99  | \$2.89 |
| Sausage pattie & egg .....    | \$6.99 | \$5.99  | \$2.89 |
| Potato & egg .....            | \$6.99 | \$5.99  | \$2.89 |
| Bean & egg .....              | \$6.99 | \$5.99  | \$2.89 |
| Bacon & egg .....             | \$6.99 | \$5.99  | \$2.89 |
| Cactus & egg .....            | \$8.99 | \$6.99  | \$3.29 |
| SPAM & egg .....              | \$8.99 | \$6.99  | \$3.29 |
| Smoked sausage & egg .....    | \$8.99 | \$6.99  | \$3.29 |
| Chicharron & egg .....        | \$8.99 | \$6.99  | \$3.29 |
| Machacado & egg .....         | \$8.99 | \$6.99  | \$3.29 |
| Migas & egg a la MX .....     | \$8.99 | \$6.99  | \$3.29 |
| Add avocado .....             | \$1.60 | \$1.60  | 99¢    |
| Make it "A la Mexicana" ..... | \$1.60 | \$1.60  | 99¢    |
| Make with "Egg white" .....   | \$1.99 | \$1.99  | 99¢    |

Spinach & egg \$10.99



Papas Rancheras \$9.29  
NO EGGS \$8.29



Oatmeal & toast \$6.99



**TACO BOMBA**  
**\$9.99**



FILLED WITH  
UP TO 5 INGREDIENTS:  
Egg, Carne asada, Papas, Bacon, Ham, Cheese, Groundbeef, Beans, Chorizo, Sausage, Barbacoa.  
WITH FAJITA, \$2.89 EXTRA

**BREAKFAST SIDES**

Flour Tortillas (2).....\$2.29  
Corn Tortillas (4) .....\$2.29  
Toast (2) .....\$1.99  
Bacon (2).....\$2.29  
Sausage (2) .....\$2.29  
Ham .....\$2.29  
Egg any style.....\$1.99  
Refried Beans .....\$2.99  
Pico de Gallo .....\$2.29  
Chile Picado .....\$1.99  
Cheese.....\$2.99  
Queso Mexicano .....\$2.99



SHREDDED POTATO  
\$2.99



SKIN POTATO  
\$2.99



FRIED POTATO  
\$2.89



GRILLED POTATO  
\$2.89



HASHBROWN POTATO  
\$2.89



SMOKED SAUSAGE  
\$3.29

Add (5) shrimp to any plate for \$8.99 or (9) for \$10.99 • Add White Cheese & Mushrooms to any plate for \$3.99  
\*Consuming raw or undercooked meat, poultry, eggs, shellfish, or seafood may increase your risk of foodborne illness.  
CAUTION! Chicken, Fish or Soup may contain small bones • SUBSTITUTIONS ARE \$1.50 EXTRA CHARGE - © 070226 Molecularprint

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# ANTOJITOS MEXICANOS

| MEATS            | TACOS                                                              | TORTAS                                                      | BURRITOS                                               | GORDITAS                                                              | TOSTADAS                                                  |
|------------------|--------------------------------------------------------------------|-------------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------------------------------|-----------------------------------------------------------|
|                  | Flour or corn tortilla, with lettuce & tomato, or onion & cilantro | Mexican bolillo with lettuce & tomato, avocado & sour cream | Large flour tortilla with lettuce, tomato & sour cream | Thick homemade corn tortilla with beans, queso blanco & pico de gallo | Crispy corn tortilla with beans, cheese, lettuce & tomato |
| ASADA/PICADILLO  | \$3.99                                                             | \$8.49                                                      | \$8.29                                                 | \$7.99                                                                | \$4.99                                                    |
| SHREDDED CHICKEN | \$3.99                                                             | \$8.49                                                      | \$8.29                                                 | \$7.99                                                                | \$4.99                                                    |
| CARNE GUISADA    | \$3.99                                                             | \$8.49                                                      | \$8.29                                                 | \$7.99                                                                | \$4.99                                                    |
| BARBACOA         | \$3.99                                                             | \$8.49                                                      | \$8.29                                                 | \$7.99                                                                | \$4.99                                                    |
| CARNITAS/PASTOR  | \$3.99                                                             | \$8.49                                                      | \$8.29                                                 | \$7.99                                                                | \$4.99                                                    |
| FAJITA/LENGUA    | \$4.89                                                             | \$9.99                                                      | \$8.99                                                 | \$8.99                                                                | \$5.99                                                    |
| BEANS & CHEESE   | \$2.99                                                             | \$7.99                                                      | \$5.99                                                 | \$5.99                                                                | \$3.99                                                    |

## SOUPS

Chicken Soup  
SM \$8.99 • REG \$12.99  
LG TO-GO \$12.99



Beef Soup  
SM \$10.99 • REG \$12.99  
LG TO-GO \$14.99



Seafood Soup  
SM \$10.99 • REG \$13.99  
LG TO-GO \$15.99



Menudo -Everyday-  
SM \$10.99 • REG \$12.99  
LG TO-GO \$14.99



Chicken Tortilla Soup  
SM \$8.99 • REG \$10.99  
LG TO-GO \$12.99



## NACHOS

Bean & Cheese \$9.99  
w/ Ground beef  
or guacamole \$13.99  
w/ Asada & guacamole \$13.99  
w/ Beef or chicken  
fajita \$14.99



## EL SOL NACHOS

Bean & cheese, carne asada,  
pico de gallo, guacamole,  
sour cream, tomato  
& lettuce. \$14.99  
w/ Beef or chicken  
fajita \$15.99



## QUESADILLAS

(3) Quesadillas or  
(1) Large Quesadilla

Grilled flour tortillas stuffed  
with your choice of white or  
yellow cheese. Served with  
guacamole, lettuce and tomato.

Cheese Only ..... \$10.29  
Carne Asada ..... \$12.99  
Shredded Chicken ..... \$12.99  
Chicken Fajita ..... \$13.99  
Beef Fajita Strips ..... \$13.99  
Shrimp ..... \$14.99  
Rib-Eye ..... \$15.99

(3) Quesadillas



(1) Large Quesadilla



## SIDE ORDERS

Guacamole ..... \$6.99  
Charro Beans ..... \$2.99  
Pico de Gallo ..... \$2.29  
Mexican Rice ..... \$2.99  
Refried Beans ..... \$2.99  
French Fries ..... \$3.99  
Order of Tortillas (2) ..... \$1.99  
Tortillas Tostadas ..... \$2.99  
Avocado ..... \$5.99  
Cheese Enchilada ..... \$2.29  
Beef Enchilada ..... \$2.99  
Chicken Enchilada ..... \$2.99  
Side Salad ..... \$2.99  
Sour Cream ..... \$1.99  
Chiles Toreados ..... \$2.29  
Toast Bread ..... \$1.99

(3) Crispy Tacos  
plate \$11.99

Crispy Tacos with ground  
beef, tomato, lettuce  
& cheese. Served with  
rice & beans.



Only (3) Crispy tacos \$8.99  
Only (1) Crispy taco \$2.99

## CHILD PLATES

Served with french fries  
or rice & beans

For Kids 10 years-old or  
younger. Kids over 10 &  
Adults pay \$2 extra

CHICKEN TENDERS \$6.99  
POPCORN CHICKEN \$6.99  
(2) SLIDERS \$8.99  
GRILLED CHEESE \$6.99  
CHEESE ENCHILADA \$6.99



## Desserts



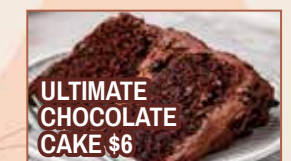
TRES LECHES \$6



NEW YORK  
CHEESECAKE \$6



CHOCOLATE  
ERUPTION \$6



ULTIMATE  
CHOCOLATE  
CAKE \$6

Add (5) shrimp to any plate for \$8.99 or (9) for \$10.99 • Add White Cheese & Mushrooms to any plate for \$3.99

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# FAJITAS

## # 1 CARNE ASADA PLATE

Grilled Beef Steak with country sausage, charro beans, guacamole, rice and pico de gallo. \$16.99

## #15 BEEF OR CHICKEN FAJITA

Beef or chicken fajita grilled with onions, bell pepper & tomatoes. Served with rice, beans and guacamole. \$15.99 • Mix +\$2

## #16 FAJITA MARINADA

Beef or chicken fajitas with onions, salad, rice, beans and guacamole. \$15.99

## #19 FAJITA PLATE

Fajita mix with one cheese enchilada, charro beans, rice, salad and guacamole. \$15.99

## #25 FAJITA LA CHONA

Beef or chicken fajita with cactus a La Mexicana, charro beans, special salad & guacamole. \$16.99

## #28 PARRILLADA PLATO FAMILIAR

Beef and chicken fajitas, sausage, grilled with onions, bell pepper & tomatoes. Served with charro beans, rice, pico de gallo & guacamole.

For (1) \$20.99 • For (2) \$32.99

For (3) \$42.99 • For (4) \$54.99

## #39 BOTANA EL SOL PLATO FAMILIAR

Marinated beef fajitas, two cheese quesadillas, sausage, grilled shrimp, grilled onions, grilled jalapeno, queso flameado and guacamole.

For (1) \$22.99 • For (2) \$35.99 • For (4) \$66.99



#1



#15



#16



#19



#25



#28



#39

# ENCHILADAS

## #4 PLATO MEXICANO

Two Cheese Enchiladas, one Asada Taco or Crispy Taco with ground beef, rice & beans. \$12.99

## #6 ENCHILADAS

Three Enchiladas w/ your choice of Cheese, Shredded chicken or Ground beef, and your choice of topping. Served w/ rice and beans. \$12.99

- Topped w/ red gravy
- Topped w/ green tomatillo sauce
- Topped w/ ranchero sauce

## #11 TEJANO PLATE

Beef and gravy, two cheese enchiladas, rice, beans and guacamole. \$14.99



#6

Add (5) shrimp to any plate for \$8.99 or (9) for \$10.99 • Add White Cheese & Mushrooms to any plate for \$3.99

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# BEEF

## #3 CARNE GUISADA

Beef & gravy with rice, beans and salad. \$13.99

## #5 CHILE RELLENO

Poblano pepper stuffed with ground beef or cheese, topped with ranchero sauce & white cheese. \$15.99  
With shrimp +\$3

## #9 CARNE TAMPIQUEÑA

Tampico-style Steak, with one cheese enchilada, rice, beans, salad and guacamole. \$16.99

## #12 FAJITA ENCEBOLLADA

Beef Fajita topped with grilled onions, whole beans sprinkled with cheese, rice & salad. \$15.99

## #14 FAJITA BOWL

Fajita mix grilled w/ tomatoes, onions & green pepper; grilled corn, whole black beans & guacamole, topped with queso dip. All on a bed of rice & lettuce. \$15.99

## #18 TACOS AL CARBON

Two Tacos of carne asada topped with chili & cheese, served with beans, rice, pico de gallo & guacamole. \$15.99

## #24 COSTILLAS DE RES

Beef ribs served with rice, charro beans, grilled cactus and special salad. \$23.99

## #27 MILANESA

Beef or Chicken, with rice, special salad, skin potatoes & avocado. \$14.99

## #40 MINI TAQUITOS

Five Mini taquitos with carne asada or pastor, cilantro & onions. Served with charro beans, avocado and grilled jalapeno. \$13.99

- Mixed or other meat (except fajita) +\$2
- Beef or chicken fajita +\$3

# PORK

## #2 PORK CHOP

Grilled pork chop with charro beans, guacamole, salad and pico de gallo. \$15.99

## #20 PASTOR PLATE

Crispy thin-shaved pork roasted with a special sauce. Served with charro beans, pico de gallo, rice and guacamole. \$15.99



#5



#9



#12



#14



#18



#24



#20



#40

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# CHICKEN

## #7 PECHUGA POBLANA

Grilled Chicken breast topped with a piece of chile poblano & melted cheese. Served with special salad, rice and Avocado. \$15.99

## #10 SENORITA'S PLATE

Grilled chicken breast, lettuce, tomatoes, sliced cucumber, spicy salad, & sliced avocado. \$15.99

## #13 LOUISIANA PLATE

Grilled Chicken Breast topped with grilled tomatoes, onions, green pepper, bacon & cheese. Served with rice, beans & avocado. \$15.99

## #17 FLAUTAS DE POLLO

Three Chicken Flautas with cheese, guacamole, sour cream, salad and rice. \$12.99

# SALADS

*Dressings: Ranch, Honey Mustard, Italian, Thousand Island, Caesar, Raspberry Vinaigrette*

## #26 LETTUCE WRAP

With chicken fajita, beef fajita or steak, & pico de gallo \$12.99 • With grilled shrimp \$14.99

## #100 BAYOU SHRIMP SALAD

Grilled or crispy popcorn shrimp over fresh cut greens, cucumber, tomatoes with cheese & croutons \$13.99

## #101 HOUSE SALAD

Grilled chicken over romaine lettuce, croutons, grape tomatoes, & cucumber slices. \$12.99  
With Rib-eye \$16.99

## #102 CAESAR SALAD

Romaine lettuce, croutons, and parmesan cheese. \$7.99 • With grilled shrimp \$14.99



#7



#10



#13



#17



#26



#102



#100



#101

*Gracias por  
su preferencia!*

Add (5) shrimp to any plate for \$8.99 or (9) for \$10.99 • Add White Cheese & Mushrooms to any plate for \$3.99

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# SEAFOOD

## #35 MOJARRA FRITA

Whole tilapia, seasoned then deep-fried until skin gets crispy while the meat remains tender & flaky. \$15.99

## #22 GRILLED OR BREADED TILAPA

8oz Grilled Tilapia served with Mexican rice, steamed veggies & skin potatoes. \$15.99

## #23 GRILLED SALMON

8oz Grilled Salmon served with Mexican rice, steamed veggies & french fries. \$18.99

## #29 AGUACHILE RED OR GREEN

Fresh shrimp submerged in water seasoned with red or green sauce, lime juice, salt, cilantro, slices of cucumber and slices of onion.  
For (1) \$12.99 • For (2) 18.99

## #30 GRILLED OR BREADED SHRIMP

Jumbo Shrimp grilled or breaded served with Mexican rice & French fries. \$15.99

## #31 CEVICHE TOSTADAS

Crispy corn tortillas with shrimp ceviche.  
(1) \$6.99 • (2) \$12.99

## #32 MINI TAQUITOS FISH OR SHRIMP

Five mini taquitos with your choice of fish or shrimp, served with cabbage, cilantro, jalapeño, lemon & avocado.  
With Fish \$14.99 • With Shrimp \$16.99

## #33 COCTEL DE CAMARON

Shrimp Cocktail served with fresh avocado slices.  
SM \$12.99 • LG \$15.99 • LG TO-GO \$17.99

## #34 CAMARONES AL GUSTO

Grilled Shrimp sauteed with tomatoes, onions, & bell peppers. Served with rice, pico de gallo and guacamole. \$17.99

- Al Mojo de Ajo (Topped w/ Garlic)
- A la Diabla (Topped w/ Chipotle sauce)



#35



#22



#23



#30



#31



#32



#33



#29



#34

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## SIDES

- FRIES • ASPARAGUS
- SMASHED POTATO
- SKIN POTATOES
- COLESLAW • ASPARAGUS
- MEXICAN RICE
- MIXED VEGETABLES
- HOUSE OR CESAR SALAD
- GREEN BEANS
- MAC & CHEESE
- ROASTED CORN
- SWEET POTATO FRIES +\$1.25

## ENTREES

With your choice of 2 sides

**BEEF RIBEYE STEAK**  
• 12 oz Choice. \$22.99  
• 16 oz Choice. \$26.99

**CHICKEN FRIED CHICKEN** \$14.99

**ALFREDO FETTUCCINE CHICKEN OR SHRIMP** \$13.99

**PENNE PASTA JAMBALAYA** \$14.99  
With grilled chicken, shrimp & sausage

## FRIED CALAMARI STRIPS

Served with cocktail sauce. \$9.99

**PICKLE CHIPS, BREADED** \$7.99

**ELSOL SAMPLER** \$16.99

**EL SOL SPECIAL** \$14.99

**LOADED CHEESE FRIES** \$7.99

**ONION RINGS, BREADED** \$8.99

**BREADED MUSHROOMS** \$9.99

**MOZZARELLA BREADED STICKS** \$7.99

**DIABLO SHRIMP** \$14.99  
w/ choice of salsa

**SWEET POTATOES FRIES** \$7.99

**JALAPEÑO STRIPS, BREADED** \$7.99  
**JALAPEÑO BITES, BREADED** \$6.99

## BEVERAGES

**CUP TO-GO 50¢ EXTRA**

**SODA MEXICANA \$3.99**

Fountain drinks \$2.99

Coca Cola - Diet Coke - Fanta - Root Beer - Sprite

Ice-Tea \$2.99 • Milk (24 oz) \$3.29

Limonada/Horchata/Jamaica \$3.99

Orange/Apple juice (Bottle) \$3.29

Milk (24 oz) \$3.29 • Coffee \$2.99 & \$1 Refill

Hot Chocolate (Cup) \$2.99 & \$1.50 Refill

Hot Tea (Cup) • \$1.50 Refill

CHILD DRINK (12 oz) \$2.99

## LICUADOS

Banana, Strawberry, Chocolate

Reg (16oz) \$3.99 • LG (32oz) \$5.99

## PEPPERONI PIZZA

8in w/ regular crust \$9.99

w/ cauliflower crust \$11.99

12in w/ regular crust \$12.99

Add sausage patty +\$2

## HANDHELDS

Served with fries

### CLASSIC BURGER

8 oz chuck Angus beef, served w/ lettuce, tomato & pickles. \$9.99

Add Cheese +\$

### BACON CHEESE BURGER

8 oz chuck Angus beef, topped w/ cheese and bacon, served w/ lettuce, tomato & pickles. \$11.99

### SLIDERS

Three Mini-Burgers served w/ lettuce, cheese, tomato & pickles, served w/ french fries. \$13.99

### TEXAS BACON RANCH

Sandwich w/ smoked Ham or turkey, served on Texas Toast with bacon, smoked gouda, ranch dressing, lettuce, tomato & sliced onion. \$9.99

## EL SOL BURGER

Butchers cut beef patty, eats like a steak, topped with grilled onions, lettuce, tomato & pickles, smoked gouda cheese over a crisp house cheese on a brioche bun. \$13.99



## CHICKEN WINGS

Served w/ fries, carrots & celery

- 6 wings w/ 1 sauce \$10.99
- 12 wings w/ 2 sauces \$18.99
- 18 wings w/ 2 sauces \$24.99
- 25 wings w/ 2 sauces \$30.99
- 50 wings w/ 2 sauces \$57.99

Sauces: Buffalo: Mild, Medium, Hot, Hot honey sriracha, Mango habanero, Cilantro habanero, Garlic parmesan, Lemon pepper, Nashville, Sweet Teriyaki, BBQ, or El Sol sauce



## APPETIZERS

### BREADED POPCORN

Shrimp or chicken, served with french fries. \$10.99

### CHICKEN TENDERS

(3) Breaded tenders w/ fries. \$10.99

### QUESO DIP

Melted cheese served with chips. \$6.99  
TO-GO \$8.99

**(3) BEEF PATTIE SLIDERS** \$14.99

**BACON RANCH SANDWICH** \$10.99

**BUFFALO CHICKEN SANDWICH** \$10.99

**(3) BUFFALO CHICKEN SLIDERS** \$14.99

**WING & TENDER COMBO** \$14.99

Add (5) shrimp to any plate for \$8.99 or (9) for \$10.99 • Add White Cheese & Mushrooms to any plate for \$3.99

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